

80 Balcombe Avenue  
car park in Kinross Avenue  
Seaton SA 5023  
8235 9556



Term 1 2012  
30 January – 5 April

A Communities for Children Initiative funded by the  
Australian Government Department of Families, Housing, Community Services and Indigenous Affairs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Communities for Children Families SA</b> <b>Newpin Group</b> 9.00 – 12.00</p> <p>New Parent Infant Network Group has a strong prevention focus promoting capable parenting which empowers parents to:</p> <ul style="list-style-type: none"> <li>• make choices;</li> <li>• set own goals;</li> <li>• identity strengths; and</li> <li>• make positive change.</li> </ul> <p><b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p><b>Health First</b> <b>Western Wellbeing</b> 9.30 – 12.30</p> <p>The Western Wellbeing psychologist can assist you with the management of your complex mental health needs. <b>Call Lina</b> 8404 3400 <b>Crèche available</b> <b>BOOKINGS ESSENTIAL</b> <b>FREE</b></p> <p><b>Children Youth and Women's Health Services</b> <b>Child and Family Health</b> 9.00 – 12.00</p>	<p><b>Communities for Children</b> <b>Western Perinatal Support Group</b> 9.30 – 12.00</p> <p>A supported program for women experiencing Postnatal Depression. <b>REFERRAL APPLIES</b> <b>Crèche available</b> <b>BOOKINGS ESSENTIAL</b> <b>Call Janine</b> 0416 095 200 <b>FREE</b></p>	<p><b>Communities for Children Families SA</b> <b>Newpin</b> 9.00 – 2.00</p> <p>New Parent Infant Network has a strong prevention focus building on positive parenting techniques during difficult life changes. <b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p><b>Ministerial Advisory Committee: Students with Disabilities</b> <b>EDP</b> <b>mornings</b></p> <p>The Early Development Program is an intensive early intervention program for children with multiple disabilities and developmental delay. <b>REFERRAL APPLIES</b> <b>Call Elizabeth or Kerry</b> 8235 9539 <b>\$80.00 per term</b> <b>or negotiated concession</b></p>
<p><b>Communities for Children</b> <b>Newpin Play</b> 11.00 – 12.00 <b>Closed session</b></p> <p>A supported play session with a child centred focus on learning through play, positive communication, appropriate to the individual child's needs in a group setting. <b>Khryстина and Simone</b> <b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p>Drop-in health checks for babies and young children on Tuesday mornings <b>plus</b> appointments on alternate Tuesday afternoons. <b>Call 1300 733 606</b> <b>FREE</b></p>	<p><b>Communities for Children</b> <b>more than one way</b> 9.30 – 11.30</p> <p>A transition group for over 3's with their adult to experience more than one way to play, create fun, effective communication and learn new skills. <b>Call Nicky</b> 8235 9556 <b>Crèche for siblings</b> <b>BOOKINGS ESSENTIAL</b> <b>\$2.00 per family</b></p>	<p><b>Communities for Children</b> <b>PND Play</b> 10.00 – 11.30</p> <p>A supported play session for women managing Postnatal Depression or Distress with their young children. <b>REFERRAL APPLIES</b> <b>Call Janine</b> 0416 095 200 <b>FREE</b></p>	<p><b>Communities for Children</b> <b>Hand in hand</b> 10.00 – 12.00</p> <p>A meeting place for African women and their young children to come together. Intensive support is provided for families to develop relationships through networking; play and transitions to other programs; and information sharing for health and wellbeing. <b>Contact Christa</b> 8440 2213 <b>FREE</b></p>
<p><b>Communities for Children</b> <b>Newpin Rock 'n Roll</b> 11.00 – 12.00 <b>Closed session</b></p> <p>A specialised play session with a focus on self-regulation, movement, muscles and music. <b>Kathy</b> <b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p><b>UniSA/Communities for Children</b> <b>Sleep Clinic</b> 12.30 – 2.30 <b>21 February – 13 March</b></p> <p>Experienced sleep psychologist Brooke Michell, offers practical strategies for children 6 months to 18 years who do not sleep well. The Paediatric Sleep Clinic is affiliated with the University of South Australia. <b>Call 8235 9556</b> <b>Crèche available</b> <b>BOOKINGS ESSENTIAL</b> <b>Reimbursed through your Private Health Fund or Medicare</b></p>	<p><b>Playgroup SA</b> <b>PlayConnect</b> 1.00 – 2.30</p> <p>A stimulating play group for families with a child aged up to 6 years with Autism Spectrum Disorder or ASD like symptoms. <b>Call 1800 171 882</b> <b>Siblings welcome</b> <b>FREE</b></p>	<p><b>Communities for Children</b> <b>time to try</b> 1.00 – 2.30</p> <p>Specialised 8-week play session for older toddlers to try their new found skills and independence with their adult. <b>Call 8235 9556</b> <b>Crèche for siblings</b> <b>BOOKINGS ESSENTIAL</b> <b>REFERRAL APPLIES</b> <b>Gold coin donation</b></p>	<p><b>Communities for Children</b> <b>ECHO</b> <b>on the road</b></p> <p>Every Child Has Opportunities provides mentoring and leadership activities during a school term for 7 – 10 year old boys at a local primary school. <b>Call Nicky</b> 8235 9556 <b>FREE</b></p>
<p><b>Communities for Children Families SA</b> <b>Newpin Rock 'n Roll</b> 11.00 – 12.00 <b>Closed session</b></p> <p>A specialised play session with a focus on self-regulation, movement, muscles and music. <b>Kathy</b> <b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p><b>Communities for Children</b> <b>toddlers on track</b> 1.30 – 2.30</p> <p>Specialised play session focussing on what younger toddlers CAN do with their adult. <b>Call 8235 9556</b> <b>Crèche for siblings</b> <b>BOOKINGS ESSENTIAL</b> <b>REFERRAL APPLIES</b> <b>Gold coin donation</b></p>	<p><b>Communities for Children</b> <b>my baby and me</b> 1.00 – 2.30</p> <p>A friendly playgroup for parents and their babies to engage in the development of communication, social, emotional and physical experiences. <b>Call 8235 9556</b> <b>Crèche for siblings</b> <b>BOOKINGS ESSENTIAL</b> <b>\$2.00 per family</b></p>	<p><b>Communities for Children</b> <b>down the road @ Seaton Central</b> 11.00 – 1.00</p> <p><b>SCHOOL HOLIDAYS</b></p> <ul style="list-style-type: none"> <li>• 12 April</li> <li>• 19 April</li> </ul> <p>Bring your family down the road to enjoy sports, fun activities and snacks with your family and community. <b>Gold coin donation</b></p>	<p><b>Communities for Children</b> <b>Western Fatherhood Support</b> 0410 068 987 <b>FREE</b></p>
<p><b>Communities for Children Families SA</b> <b>Newpin Session</b> 12.00 – 2.30</p> <p>Newpin members implement new skills and techniques with their children in a nurturing setting. <b>REFERRAL APPLIES</b> <b>Call Linda</b> 0419 844 938 <b>FREE</b></p>	<p><b>Families SA</b> <b>my contact visit</b> Arranged by FSA Case Workers Woodville Office 8406 2777</p>	<p><b>Communities for Children</b> <b>what about the blokes?</b> 5.00 – 8.00pm February 22</p> <p>For families experiencing the effects of perinatal depression and associated relationship behaviours. <b>Crèche available</b> <b>BOOKINGS ESSENTIAL</b> <b>FREE</b> <b>Call Janine</b> 0416 095 200</p>	<p><b>Communities for Children</b> <b>Fathers Raising Healthy Children</b> 6.00 – 8.00pm March 7 <b>FREE</b> <b>Call Michael</b> 0410 068 987</p>	<p><b>Communities for Children</b> <b>Western Fatherhood Support</b> 0410 068 987 <b>FREE</b></p>

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